



Connecticut Junior Soccer Association



COACH

Please review the Coaches toolkit document found on the [Return to Soccer Activities](#) webpage for more information regarding responsibilities during coaching sessions

- Understand that there may be parents/guardians who may not be ready to have their child return to activities at this time.
- Understand some parents/guardians may require their child to wear a face covering. If so, it should be a face covering which attaches around the ears so as not to cause any injury if accidentally tugged or pulled on. No around the head or neck face coverings permitted during play.
- Ensure the health and safety of all athletes.
- Ensure athletes arrive dressed for practice and leave immediately after practice. No recreational play, or loitering is allowed.
- Upon arrival, inquire how athletes are feeling, send them home if you believe they are acting or look ill.
- No handshakes, fist or elbow bumps, or any other physical contact.
- Practice and encourage proper hygiene, washing hands frequently with soap and water, for at least 20 seconds at a time. Use alcohol based hand sanitizer (at least 60% alcohol). Cover coughs and sneezes with tissues or sleeves, do not use your hands. Do not touch your face (eyes, nose, mouth with unwashed hands). Launder clothing after training session.
- Follow all state and local health protocols.
- Coach is to be the only one to handle cones, discs, goals etc.
- Ensure all athletes have their individual equipment. (Ball, water bottle, GK Gloves etc.)
- Ensure player's personal belongings (bags, coats, sweatshirts) remain in their personal space and are kept physically distanced from the belongings of others. Do not allow sharing of personal items.
- Ask players to bring a dark and light shirt to eliminate the need of shared scrimmage vests.
- Do not allow shared team snacks. No use of public water bubblers, fountains or bottle fillers if present on site. Participants and spectators should only drink from their own containers.
- Wear a face covering, when not actively coaching and abide by the physical/social distance requirements from players and parents.
- STAY POSITIVE – Players and parents will be looking to you to remain calm and supportive during this transition time.

If there is hesitation in returning to play – DON'T; just because you can, does not mean you must.